

**Before you commit:
What are Before and After School Programs?**

Before and After School Programs are offered from the earliest days of being a student right up to age 12. The programs run Monday to Friday from 7:00am until the start of school and from the end of school until 6:00pm, as well as from 7:00am until 6:00pm on Professional Activity Days. The program is closed for all statutory holidays. With all the comfort of home and the company of familiar faces, our Before and After School Programs offer kids a safe space to engage in physical activity, socialize, expand their creativity or focus on their studies with the help of trained, friendly staff.

At all Today's Family locations, we will:

- Give you an opportunity to tour the program or premises prior to admission
- Give you the opportunity to meet the staff
- Encourage physical activity
- Participate in community outings
- Provide snacks in accordance with the Canada Food Guide. Menus are posted and copies are also available to you
- Encourage that ill children be kept at home to encourage recovery and prevent the spread of illnesses
- Use re-direction and positive behaviour guidance techniques appropriate to the child's age to promote self-discipline and respect
- Ask the authorized person picking up your child for identification prior to releasing your child